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Spring 2018

All times indicated are class start times									
Fees posted based on a 10 week session		Feb 12 - April 23 Monday	Feb 6 - April 17 Tuesday	Feb 7 - April 18 Wednesday	Feb 8 - April 19 Thursday	Feb 9 - April 20 Friday	Feb 10 - April 21 Saturday	Feb 11 - April 22 Sunday	
Active Start Program: 18 months - 5 years		9 weeks	10 weeks	10 weeks	10 weeks	10 weeks	10 weeks	10 weeks	
Active Start Parent & Tot (18 - 36 mth)	1 hour - \$170	5:15	11:15	5:15 6:45			9:00 10:15		
Active Start 3 years (3-4.5 yrs)	1 hour - \$170	5:15 6:45	9:30 1:00 5:15 6:45	5:15 6:45	5:15 6:45		9:00 10:15 11:30 1:00		
Active Start 4 years (4-5.5 yrs)	1 hour - \$170	5:15 6:45	1:00 5:15 6:45	5:15 6:45	5:15 6:45		9:00 10:15 11:30 1:00		
Active Start 5 years (5-6 years)	1.25 hours - \$185	9:30 6:30	4:45 6:30		4:45 6:30		11:30		
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Gymnastics For All: 6 years & up		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Girls CanGym Beginner 6+ (Burgundy, Red, Tan Badges)	1.5 hours - \$240	5:00 6:45	5:00 6:45	5:00 6:45	5:00 6:45	5:00 6:45	9:15 11:00 1:00 2:45		
Girls CanGym Beginner 9+ (Burgundy, Red, Tan Badges)	1.5 hours - \$240	6:45	5:00 6:45	5:00	6:45	6:45	9:15		
Girls CanGym Intermediate (Bronze, Purple, Blue Badges)	1.5 hours - \$240	6:45	5:00 6:45	5:00 6:45	5:00 6:45	5:00	9:15 11:00 1:00 2:45		
Girls CanGym Advanced (Turq & up)	1.5 hours - \$240	5:00 6:45	5:00 6:45	5:00			1:00 2:45		
Girls CanGym Advanced (Turq & up)	3 hours - \$400				5:00				
Boys CanGym Beginner (Burg, Red, Tan)	1.5 hours - \$240	5:00	5:00	6:45			11:00 2:45		
Boys CanGym Int/Adv (Bronze & up)	1.5 hours - \$240	6:45		6:45			9:15		
Tramp & Tumbling (Step 1-3)	1.5 hours - \$240						11:00		
Tramp & Tumbling (Step 4-6)	1.5 hours - \$240			6:45					
All times indicated are class start times.									
Xcel Program: 5 years & up		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
NEW Xcel Introductory Classes - Beginner	1.5 hours - \$240		6:45		5:00				
Intermediate	1.5 hours - \$240				6:45				
Specialty Programs		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
HomeSchool Gymnastics (ages 6+)	1.5 hours - \$240			10:30 12:30					
Special Needs (ages 6+)	1.5 hours - \$240			5:00					
Acro for Dancers (ages 6+)	1.5 hours - \$240							1:00	
NEW Structured Adult Gymnastics (18+)	1.5 hours - \$240			8:30pm					
YOGA		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Yoga for Mini's (age 3-5)	45 min \$85						9:30		
Yoga for Littles (age 6-8)	1 hour - \$95						10:15		
Yoga for Tweens (age 9-13)	1 hour - \$95				5:30				
Family Yoga (age 3-9 with parent)	1 hour - \$190 (\$95each)						11:30		
*Drop in is unstructured. All participants under 18 years require direct adult supervision									
NEW** Preschool Drop-in \$5/child	1.5 hours								
Family Drop-In ** \$5/child \$10/adult	2.0 hours			2:00-4pm		2:00-4pm			
Adult Drop-In** \$10/visit	1.5 hours		8:30pm		8:30pm				
Important Dates to Remember: No Classes Feb 19th & March 26-April 1st		Registration Begins: January 15th : Pre Registration Online for current athletes January 22nd: Public Registration Online for new athletes January 29th: Walk-In Registration (cash, cheque, debit, credit available)							
** A one time annual \$2 insurance fee will be added to all drop in prices * \$42 AGF annual registration fee will be added to all prices									
* Schedule subject to change * Refunds only issued for medical reasons with doctor's note.									